# **ANNUAL REPORT** 2005



### For more information ...

# You are welcome to more information about the Trust, including:

- Information brochures
- Grant application forms
- Audited accounts 2004-05
- Rangatira Limited annual report

#### Visit our website: www.jrmckenzie.org.nz

#### Or contact the office:

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### **Introducing the Trust**



The Board and staff, with Sir Roy McKenzie.

The goal of the J R McKenzie Trust is to improve the quality of life of New Zealanders who have special needs, or who face disadvantage. The focus is on social, health and developmental needs, especially but not only for children, young people, and people with disabilities.

The Trust makes grants to charitable community organisations that work in these areas. It supports existing services, and also innovative approaches to meeting needs and preventing problems. Grants are made for operating costs; to assist organisations to improve their skills and systems; and to encourage groups to work together. More details can be found in the Financial Report on page 17.

The Trust was established in 1940 by John Robert McKenzie, the founder of the "McKenzie's" chain of department stores.

From the time the company started in 1910 until it was sold in 1980, one third of the profits were placed in the Trust for the benefit of the people of New Zealand.

Sir John's son Sir Roy McKenzie greatly contributed to the development of both the business and the Trust. Sir Roy and Lady Shirley's children Peter McKenzie, John McKenzie and Robyn Gibson are the Personal Trustees.

The Board is assisted by people within the Rotary movement throughout New Zealand. District committees of Rotarians assess local applications, and the Chairs of these committees are Board members.

Other Board members are nominated or appointed because of their knowledge of the community health and social sector.

### **Board Members**

| Peter Holst (Chair) | Wellington             |
|---------------------|------------------------|
| Bob Baird           | North Shore City       |
| Radha Balakrishnan  | Wellington             |
| Neville Caird       | Dunedin                |
| Pania Ellison       | Wellington             |
| Warren Lindberg     | Auckland               |
| John McKenzie       | North Shore City       |
| Peter McKenzie      | Waikanae               |
| John Spooner        | Auckland               |
| Brian Palliser      | Christchurch           |
| Darryn Russell      | Dunedin                |
| Tricia Walbridge    | Wellington             |
| David Wright        | Hamilton               |
| lain Hines          | Executive Director     |
| Alison Glen         | Administration Officer |



Iti noa ana, he pito mata – With care, a small kumara will produce a harvest.

# **Chair's report**

Over the last few years the Trust's work has become both more complex and more interesting. As we implement our five-year plan developed in 2003, the regular grant making continues, but is increasingly leavened by attention to specific programmes, and attending to our own learning about making the most of the resources we are privileged to apply for the benefit of disadvantaged New Zealanders.

This year the amount available for grants and associated development was set at \$3.2 million, the most in the Trust's history.

#### **Responsive grant making**

Once more the Trust has made grants to hundreds of community organisations active in community development social services and health. We have received similar numbers of applications as previously – over 700 so far – and have made grants in support of about three quarters of them. Most grants have contributed to operating and administrative costs, and we have also supported a number of new initiatives.

We are also cautiously increasing the funds available for multi-year grants.

This year our regional and national committees, which are responsible for allocating the majority of the Trust's funds, held two sessions each to discuss "the craft of grant making". Garth Nowland-Foreman led these sessions expertly, enabling us to share and build on our accumulated knowledge of this deceptively difficult process. The feedback on this has been very positive; more information appears elsewhere in this report.

### Thanks to the people

Extra demands have been placed on the volunteers whose input is so vital to the Trust, because of the training and increased programmatic work. I thank you all very sincerely.

At Board level, this year we have reluctantly farewelled three Trustees. Peter McKenzie has stepped down after 13 years of service to the Trust established by his grandfather. Peter's accumulated knowledge, wisdom and humour will be greatly missed. Melita Farley and John Spooner have also made significant contributions to the Board. We are delighted to welcome Darryn Russell and Eric Keys.

The Regional Committees based on Rotary Districts continue to be very important in keeping the Trust in touch with

New Zealand. Thanks particularly to some long-serving members who have retired: John Wilson, Frank Howe and Don Stewart.

We again thank our two paid staff, Alison and lain.

Beyond those who have a formal involvement, we acknowledge and thank the many New Zealanders who generously help us with information and advice.

Thanks also to the money generators – the people at Rangatira Limited and the Jayar Charitable Trust who manage the assets for the benefit of our communities.

My best wishes go to everyone concerned with the Trust, and to those concerned with improving the quality of life in New Zealand, especially for its least advantaged citizens. In particular I salute those who do so much as volunteers or often underpaid workers in the community sector.

This is my last year as Chair of the Trust. I am privileged to have contributed to the work of this respected organisation, and it's been a lot of fun too. I am confident that my successor will lead the Trust well.

### NATIONAL ORGANISATIONS

| Accident Support Services – NZ                      | \$5,000  |
|---|----------|
| Acoustic Neuroma Association Of NZ                  | \$3,500  |
| Action for Children and Youth Aotearoa ACYA         | \$15,450 |
| ADHD Association Inc                                | \$12,000 |
| Age Concern New Zealand Inc                         | \$10,000 |
| Agender New Zealand Inc                             | \$15,000 |
| Allergy New Zealand                                 | \$10,000 |
| Alzheimers Society NZ Inc                           | \$10,000 |
| Amputees Federation of NZ                           | \$9,500  |
| Arachnoiditis Sufferers Action & Monitoring Society | \$3,300  |
| Arthritis Foundation of NZ                          | \$15,000 |
| Arts Access Aotearoa Charitable Trust               | \$8,665  |

| Associated NZ Myalgic Encephalopathy Society ANZMES  | \$13,350 |
|--|----------|
| Autism New Zealand Inc                               | \$10,000 |
| Barrier Free NZ Trust                                | \$5,000  |
| Birthright New Zealand Inc                           | \$15,000 |
| Body Positive Incorporated                           | \$5,000  |
| Brain Injury Association of NZ Inc                   | \$5,000  |
| Caritas Aotearoa New Zealand                         | \$2,800  |
| Child Abuse Prevention Services NZ – CAPS            | \$20,000 |
| Child Development Foundation of NZ                   | \$5,000  |
| Child Poverty Action Group                           | \$35,000 |
| Cookie Munchers Charitable Trust                     | \$5,000  |
| CPS Training -Institute For Child Protection Studies | \$8,000  |
| Cystic Fibrosis Association of New Zealand           | \$10,000 |
| Deaf Association of New Zealand                      | \$15,000 |
|  |          |

| Deaf Education Agency Charitable Trust (DEANZ)     | \$9,400  |
|--|----------|
| DEBRA NZ   | \$20,000 |
| Diabetes NZ Inc                                    | \$10,000 |
| Drug-Arm Tauranga                                  | \$5,000  |
| Dyspraxia Support Group of NZ                      | \$7,500  |
| ECPAT New Zealand Inc                              | \$10,000 |
| Epilepsy Association of NZ Inc                     | \$25,000 |
| Fragile X Trust (NZ)                               | \$3,000  |
| Gastric Reflux Support Network NZ                  | \$1,500  |
| George Parkyn National Centre for Gifted Education | \$5,000  |
| Glaucoma New Zealand                               | \$10,000 |
| GROW New Zealand Inc                               | \$10,000 |
| Head Injury Society of NZ Inc                      | \$5,000  |
| Hearing Association Incorporated                   | \$12,420 |
|  |          |

#### **Targeted programmes**

We reserve some of the available funds for multi-year programmes that aim to make a more significant contribution in a particular field.

**Te Kawai Toro:** This programme has been established to improve the Trust's contributions to addressing Maori social need. This will happen in two main ways: through a programme over several years supporting the strengthening of whanau within the context of the development of Maori communities, hapu and iwi; and by improving the knowledge and networks of the Trust's personnel so that all of its grant making endeavours are better informed with regard to Maori communities and issues.

This programme is about relationship building as well as resource allocation, and has been built very carefully. We have been fortunate to have the assistance of Haemata Limited, a workshop with Robert Consedine, and the advice and support of many others with this project. We look forward to developing partnerships with some Maori community organisations over the coming months.

Initial proposals for this opportunity are requested by **24 March 2006**. More information can be found on our website. **Building Pacific Organisations:** This programme focuses on improving the management and governance skills of Pacific organisations in New Zealand. It has included a small grants programme, outreach through the Pacific Business Trust, and association with a developing network of other funders in this field. The Tindall Foundation generously contribute each year to the programme. The programme is nearing the end of its seventh year, and will finish in 2006.

*Hearing and vision problems affecting children:* We have been alerted to some issues in this field by the J R McKenzie Youth Education Fund. We have commissioned research by Healthlink Ltd and are investigating where the Trust may make the most telling contribution with the resources at our disposal.

**Peter Holst, Chair** 



| Hohepa Canterbury                                  | \$2,500   |
|--|-----------|
| Hospice New Zealand                                | \$20,000  |
| Human Rights Foundation of Aotearoa New Zealand    | \$12,000  |
| J R McKenzie Youth Education Fund                  | \$192,000 |
| KEEA Trust   | \$8,000   |
| Kids Help Foundation Trust                         | \$10,000  |
| Kotare Educational Trust                           | \$20,000  |
| Leukaemia and Blood Foundation of NZ               | \$10,000  |
| Lifeline New Zealand                               | \$15,000  |
| Literacy Aotearoa Inc                              | \$15,000  |
| Mental Health Foundation of NZ                     | \$15,000  |
| NASCA – New Zealand Needs Assessment & Service     | \$10,000  |
| National Association of ESOL Home Tutor Schemes    | \$12,000  |
| National Collective of Independent Women's Refuges | \$30,000  |

| National Foundation for The Deaf                   | \$15,000 |
|--|----------|
| National Network of Stopping Violence Services     | \$15,000 |
| National Team Xtreme Trust                         | \$4,900  |
| National Youth Workers Network                     | \$30,500 |
| New Zealand Family and Foster Care Federation Inc  | \$16,566 |
| New Zealand Federation of Ethnic Councils Inc      | \$10,000 |
| New Zealand Social and Civic Policy Institute      | \$13,000 |
| NZ Aids Foundation                                 | \$10,000 |
| NZ Association of Child & Family Support Community | \$8,000  |
| NZ Association of Citizens Advice Bureaux          | \$5,000  |
| NZ Council of Christian Social Services            | \$10,000 |
| NZ Council of Social Services                      | \$5,000  |
| NZ Down Syndrome Association                       | \$15,000 |
| NZ Dystonia Patient Network Inc                    | \$7,000  |
|  |          |

| NZ Endometriosis Foundation Inc                      | \$15,000 |
|--|----------|
| NZ Federation of Disability Information Centres      | \$10,000 |
| NZ Federation of Family Budgeting Services           | \$20,000 |
| NZ Federation of Prisoners' Aid & Rehabilitation Soc | \$10,000 |
| NZ Federation of Voluntary Welfare Organisations     | \$13,000 |
| NZ Foundation For Conductive Education               | \$5,000  |
| NZ Manic Depressive Support Trust – Balance          | \$8,000  |
| NZ Organisation for Rare Disorders – NZORD           | \$10,000 |
| Osteoporosis New Zealand Incorporated                | \$10,000 |
| Pacific Foundation New Zealand                       | \$20,000 |
| Paediatric Society of New Zealand                    | \$5,000  |
| Parent to Parent                                     | \$17,000 |
| Parents Centres New Zealand Inc                      | \$10,000 |
| Parkinsonism Society of New Zealand                  | \$15,000 |

# **Refining the art of giving away money**

\$15,000 \$10,000

\$15,000 \$10,000

\$10,000 \$14,000 \$8,000 \$15,000 \$15,000 \$10,000 \$14,000 \$2,000

As people who have done it know, making grants wisely is much more difficult than it may seem. There is also no clear indicator to let us know whether we have got it "right"! However, being thoughtful and open to new ideas possibly reduces the chances of wasting the resource through poor judgement or processes.

This year the volunteers that are the "engine room" of the Trust invested considerable time in refreshing and extending their skills at assessing applications and allocating grants.

The work was led by Garth Nowland-Foreman, who over two meetings with each of seven committees drew out the collective wisdom of many decades of service, and added suggestions from the literature and his own experience.

The committees' meetings are usually crammed with the work of grant allocation, so participants were very appreciative of the opportunity to reflect on, discuss and learn more about the process. There were a few laughs along the way as well!

The series of training sessions produced a number of changes, mostly fine-tuning the processes used. One recommendation is to build in regular reflection times.

While this adds to the load on an almost entirely voluntary workforce, it is something they are keen to take up.

We also reviewed aspects of the support provided to the volunteers, and other components of the systems used by the

Trust. A couple of results: the volunteers' handbook has been revised and placed on the Trust's website; and the application cover sheet has also been revised, with input from both grant seekers and grant makers.



Auckland committee members discuss how they assess and allocate grants.

| People First New Zealand                 |
|--|
| Personal Advocacy Trust                  |
| Philanthropy New Zealand                 |
| Phobic Trust of New Zealand              |
| Platform Incorporated                    |
| Positive Women Inc                       |
| Post Polio Support Society NZ Inc        |
| Pregnancy Help Inc                       |
| Prison Fellowship of New Zealand         |
| Public Health Association of New Zealand |
| Relationship Services Inc                |
| Robin Hood Foundation                    |
| SANDS NZ                                 |
|  |

| Schizophrenia Fellowship (NZ) Inc               | \$7,50  |
|---|---------|
| Speld NZ Inc                                    | \$5,00  |
| Stroke Foundation of New Zealand                | \$10,00 |
| Supergrans Aotearoa Inc                         | \$10,00 |
| Te Kahui Atawhai o te Motu Inc                  | \$15,00 |
| Te Omanga Hospice Trust                         | \$4,38  |
| Te Ora Hou Aotearoa                             | \$3,00  |
| Te Reo Marama                                   | \$15,00 |
| Volunteering New Zealand                        | \$10,00 |
| Young NZers' Challenge of the Duke of Edinburgh | \$5,00  |
| Youthline Auckland Charitable Trust             | \$10,00 |
| YWCA of Aotearoa New Zealand                    | \$10,00 |

#### **REGIONAL GRANTS**

These are listed by the Rotary District in which the groups operate.

#### 910 – Auckland North

(North of the harbour bridge, and west Auckland

| Adventure Specialties Trust                       | \$2,500 |
|---|---------|
| Ahipara Health & Resource Centre                  | \$3,500 |
| Auckland Disability Providers Network Inc         | \$2,000 |
| Beneficiaries Advocacy & Information Service      | \$3,000 |
| C.A.R.E. Waitakere Trust                          | \$2,500 |
| Children & Young Persons Disability Support Trust | \$2,000 |
| Children's Autism Foundation                      | \$3,000 |
| Crosstown Camping Program                         | \$3,000 |
|   |         |

### **Energy Action**

### **Bluff Community Healthy Homes project**

"If the home is healthy, the people are healthy, the community is healthy." This principle underpins the Bluff Community Healthy Homes project run by Awarua Research & Development, a sub-branch of Te Runaka o Awarua Charitable Trust.

The project combines practical improvements with community education and health research. The first step is to insulate all 800 homes in Bluff with quality products, including floor and ceiling insulation, a hot water cylinder wrap and an efficient shower head.

Over the next four years, home visiting, community workshops and a school 'energy action' programme will run alongside the home improvements. All local industries and businesses are to be included in an energy audit / education package.

Research involves assessing a sample of retrofitted homes for indoor and outdoor air quality and related health conditions. The entire community will undergo an energy audit, to work towards improving energy consumption. A social and health needs survey will also be conducted with the entire community. Results will provide both hard data and anecdotal evidence, to enable Te Runaka o Awarua and other community organisations to develop further services.

"We believe this project can do great things for our community," says Project Manager Sumaria Beaton. "It will create employment opportunities, encourage healthy lifestyles and community spirit, and build a comprehensive knowledge of the people who live in the Bluff. It will also go a long way towards finding answers for health and environmental problems. This project will have multiple benefits and outcomes for the Bluff community and ultimately other communities throughout Aotearoa."

**Contact: Sumaria Beaton** (03) 212 8652 sumaria@awarua.org.nz





The retrofit team: Tyren Simeon, Daniel Aerepo, Karl Hart de Boer (Supervisor), Marc Ryan.



*Protection from cold – Karl Hart de Boer fitting underfloor insulation.* 

| De Paul House  | \$2,500 |
|--|---------|
| Disability Information North Shore Inc               | \$1,000 |
| Dress for Success (Northland) Inc                    | \$2,500 |
| Glenfield Community Project                          | \$2,500 |
| Helensville Women's Centre                           | \$2,000 |
| Hibiscus Coast Community House Inc                   | \$2,500 |
| Hokianga Hospital Auxiliary Inc                      | \$3,000 |
| Homebuilders Community Services Maungaturoto/Paparoa | \$3,000 |
| Lifeway Youth  | \$2,000 |
| Man Alive  | \$2,000 |
| Maungaturoto Care & Share Family Support Group Trust | \$2,000 |
| Midway in Northland Day Services Trust MINDS         | \$3,000 |
| New Dawn Partnership Incorporated                    | \$3,000 |
| Nga Kaiwhakairo A Opua Trust                         | \$2,000 |

| Nga Morehu Whaiora Trust                       | \$3,000 |
|--|---------|
| Ngati Haua Whanau Ki Roto I Tamaki Trust       | \$3,100 |
| North Shore Civilian Maimed Association Inc    | \$2,500 |
| North Shore Community Health Network – Raeburn |         |
| House  | \$2,500 |
| North Shore Womens Centre                      | \$2,000 |
| Northland Mental Health Trust "Solutions"      | \$2,000 |
| Northland Urban Rural Mission                  | \$2,000 |
| NZ Ethnic Social Services Trust                | \$2,500 |
| One Double Five Whare Roopu Community House    | \$2,500 |
| Parent Aid Kaipara Inc                         | \$2,000 |
| Parent Aid Waitakere Inc                       | \$2,000 |
| Parent Port North Inc                          | \$2,500 |
| РНАВ   | \$2,500 |
|  |         |

| Safer Families Violence Prevention Network     | \$2,000 |
|--|---------|
| Shore Family Trust for the Disabled            | \$3,760 |
| Supervised Access Centres (NZ) Trust           | \$5,000 |
| Te Piataata Trust                              | \$2,000 |
| Te Ukaipo Mercy Initiatives for Rangatahi Ltd  | \$2,000 |
| Teenadders Inc                                 | \$2,000 |
| The Adventure Camp Trust Board                 | \$2,000 |
| The Rosa Counselling Trust                     | \$2,000 |
| VaevaeManava Tongan Community Trust            | \$2,000 |
| Waitakere Abuse and Trauma Counselling Service | \$2,500 |
| Waitakere Health Link                          | \$2,000 |
| Whakawhiti Ora Pai Community Health Services   | \$2,000 |
| Whangarei Anglican Care Trust                  | \$2,000 |
| Zero Tolerance to Violence Waitakere Inc       | \$2,500 |
|  |         |

### **Growing leaders**

#### Leadership New Zealand

Recognising that leaders need support and community to give them meaning and context, the new trust Leadership New Zealand has put together an intensive year-long course of conversations with leaders in a wide variety of contexts.

Each two-day monthly event has a theme – leadership values, ethics and life balance, demographics, New Zealand on the world stage, the media, environmental and economic sustainability, science and technology, rural and urban issues and government and constitutional matters. Venues include a marae, lawyers' offices, a Buddhist temple, a church library, botanical gardens, urban and rural centres, Parliament and a TV studio.

Twenty-three participants mostly in their 30s and 40s, with a wide range of backgrounds, have experienced the first year. They say:

'My exposure to New Zealand culture, politics, arts and business has been beyond expectation, and opportunities for friendship and development have been presented to me.' Nick, IT specialist.

'Taking time to enjoy concentrated thinking and dialogue rather than cursory thoughts has been a great learning experience.' Irene, financial planner.

'This course has opened my vision and way of thinking to yet another aspect which will benefit me and also the many organizations and community groups I serve.' Rewi, Kaiwhakahaere Maori (Maori manager of libraries).

'To capture leadership is about finding the moral courage to address prickly situations ... and being able to listen and learn from others.' Gia Nghi, Ethnic Affairs Adviser.

The three-year project is one of the few to receive a multiyear grant from the Foundation. Next year the skills bank will get under way, offering course graduates an opportunity to increase their level of community involvement. They will be available to not-for-profit and community organisations for mentoring, governance support, strategic guidance and short-term project advice.

Contact: Lesley Slade (09) 309 3749 lesley.slade@leadershipnz.co.nz



Participants at the Cambodian Buddhist Temple venue.

| 9920 – Auckland (Central and South Auckland) |
|--|
|--|

| Acorn House  | \$1,000 |
|--|---------|
| Action Education Inc                               | \$2,000 |
| Anglican Trust For Women And Children              | \$5,250 |
| Arahura Charitable Trust                           | \$5,000 |
| Auckland City Mission                              | \$4,145 |
| Auckland District Kidney Society Inc               | \$5,000 |
| Auckland Gay/Lesbian Welfare Group                 | \$3,000 |
| Auckland Huntington's Disease Trust                | \$8,500 |
| Auckland Oromo Fellowship Service Charitable Trust | \$2,000 |
| Auckland Refugee Council Inc                       | \$4,000 |
| Auckland Women's Centre Incorporated               | \$2,400 |
| Books for Babes Trust                              | \$4,500 |
| Catholic Family & Community Services               | \$3,000 |
|  |         |

| Chaldean Assyrian Soc. Inc                    | \$7,000 |
|---|---------|
| Chinese New Settlers Services Trust           | \$5,000 |
| Chinese Women's Wellness Community Group      | \$1,000 |
| Communicare CMA (Auckland)                    | \$4,000 |
| Cook Islands Cultural Family Support Services | \$2,000 |
| Counselling Services Centre                   | \$8,000 |
| Domestic Violence Response Services (DVRS)    | \$3,000 |
| Eating Difficulties Education Network EDEN    | \$5,000 |
| Essentially Men Education Trust               | \$5,000 |
| Family Support Centre Inc                     | \$5,000 |
| Friendship House                              | \$3,000 |
| Glen Innes Family Centre Charitable Trust     | \$7,500 |
| Home And Family Society                       | \$5,000 |
| Hope Unlimited Trust                          | \$1,500 |
|   |         |

| House of Bethany – Sisters of St Joseph      | \$2,500 |
|--|---------|
| Howpak Wrap-Around Charitable Trust          | \$9,500 |
| Just Housing (Auckland) Trust                | \$2,500 |
| Life Centre Trust – Streetreach Auckland     | \$5,000 |
| Mangere Genesis Youth Project Trust          | \$3,000 |
| Manukau Pacific Islands Trust                | \$3,000 |
| Maternity Services Consumer Council          | \$6,000 |
| Migrants Support Services Inc                | \$5,000 |
| Miscarriage Support Auckland Inc             | \$4,000 |
| Monte Cecilia House Trust                    | \$5,000 |
| New Zealand Tamil Senior Citizens' Assoc     | \$2,000 |
| New Zealand Tamil Society Inc                | \$2,000 |
| Nirvana Solace Centre for Women              | \$4,000 |
| PACT – Papatoetoe Adolescent Christian Trust | \$5,000 |
|  |         |

# **Control and choice**

#### **Paul Hunter Centre**

Based in a homely and welcoming house on the outskirts of Waipukurau in Central Hawkes Bay, the Paul Hunter Centre supports people with all types of disabilities to lead independent lives. The emphasis is on participation, building clients' skills to take part in community activities and get or keep employment.

Over 20 people aged between 16 and 60 use the Centre, which has its own work spaces for crafts, meetings, training and gardening, as well as programmes involving trips and visits. They are involved in planning activities such as an overnight trip which involved fund-raising as well as organization. They also co-operate with other community groups, visiting them, making goods for sale at local fairs and events, and doing things together.

Opportunities for skills-building range from computers to cooking and carpentry, and courses on first aid, civil defence and recycling. Cultural activities include music, a book club, painting classes, quizzes and library visits, and health and fitness get a look in with sports – the Centre is directly opposite the local swimming pool and gym – vegetable growing, beauty and make-up classes.

Since turning 16 in February, Matthew Ferguson (see photo) joined the Centre for two days a week as a part of his transition from school. His support worker Kathy Alcock has been helping Matthew adjust to many new life experiences – catching a bus, using the local gym and other community resources. Being at the Centre means Matthew has more opportunities for meeting people and making friends and this year he has really flourished.

The Centre's open door policy means referrals can come from any source including local Trusts, WINZ, the CHB Mental Health team, doctors, and families.

A priority focus is monitoring services to people with disabilities in the community, identifying any gaps and making moves to fill them by the Centre or working with other agencies.

**Contact: Katrina Rosser** (06) 858 8912 paul.hunter@xtra.co.nz



Matthew Ferguson with support worker Cathy Alcock.

| Pakuranga Counselling Centre                   |
|--|
| Papakura Support & Counselling Centre Inc      |
| Pillars (Auckland) Inc                         |
| Rainbow Youth                                  |
| Rape Crisis (Auckland) Inc                     |
| Recreate – Auckland                            |
| Seasons – Growing through Grief                |
| SENZ Charitable Trust                          |
| Separated Fathers Support Trust                |
| Shakthi Seniors Charitable Trust Inc           |
| St. Columba Anglican Community Church & Centre |
| Tafaoata Trust Manurewa                        |
| Tamaki Pathways Trust                          |
| Te Hato Hairiri O Puke Tapapa Community Trust  |

\$5,000 \$4,000

\$4.000

\$4,000 \$5,000

\$6,000

\$4,000

\$6,000

\$5,000

\$2,500

\$5,000

\$1,000

\$5,000 \$2,500

| Te Iwi O Ngati Kahu Trust                           | \$1,500 |
|---|---------|
| Te Oranga Kaumatua Kuia Disability Support Services | \$2,000 |
| Te Waipuna Puawai Mercy Oasis Ltd                   | \$3,000 |
| Tenants Protection Association Inc                  | \$3,000 |
| TOA (Treasured Older Adults) Pacific Inc            | \$3,000 |
| Toi Ora Live Arts Trust                             | \$1,100 |
| Urban Hope Wesley Trust                             | \$5,000 |
| Waiuku Family Support Network Inc                   | \$2,500 |
| Well Women's Nursing Trust                          | \$3,000 |
| Whare Mauri Ora Trust                               | \$3,735 |
| Wings Trust Franklin                                | \$2,000 |

#### 9930 – Hamilton (Coromandel to Hawkes Bay)

| ADHD (Rotorua) Assn Inc                           | \$5,000 |
|---|---------|
| African Community in Waikato Inc                  | \$2,000 |
| Arts For Health Community Trust                   | \$1,500 |
| Atomic Events Centre Trust                        | \$2,000 |
| Autism b4 5                                       | \$4,100 |
| Awhina Society Inc                                | \$2,000 |
| Bay of Plenty Therapy Foundation Inc              | \$3,000 |
| Beachaven Community House                         | \$3,000 |
| Blue Light Ventures Hastings                      | \$2,000 |
| Brainwaves Association Tauranga Support Group Inc | \$2,150 |
| C.A.R.E. Services Trust                           | \$5,000 |
| Career Moves Trust                                | \$3,000 |

# **Building the treasures (taonga) of TIORI**

### Te Iwi O Rakaipaaka Inc.

'Capacity-building' is a practical process for Te lwi o Rakaipaaka of Nuhaka in the northern corner of Hawkes Bay. Known locally as TIORI, the society was legally constituted in 1996, when it was set up to 'strengthen, nurture, protect and promote its Ngati Rakaipaaka and Communities' cultural, social and economic well-being'. In practice, that means working with whanau to protect, retain and preserve its lwi taonga, history, natural resources and environment.

Current initiatives include sustainability of jobs, education on environmental protection and preservation, and selfsufficiency for the community by fully using their assets. Health issues are really important, and personal creativity helps improve quality of life, with art, dance, music and drama all encouraging self-esteem.

All this places huge demands on local people and resources, and developing a sound management base is essential for applying for funding for community-endorsed projects. Firmly establishing TIORI as an effective iwi development organization is one of the society's three basic goals. This involves setting up an administration base, developing an iwi consultation process, identifying priority development

areas and strategies through extensive consultation with its stakeholders and community, and employing administrative staff. Their website (www.rakaipaaka.co.nz) gives life to the infrastructure, with an artists' gallery, Treaty claims news, project updates and information about locally sourced native plants.

The recent Rakaipaaka Day was a huge success. It helped bring people who had left the region back for the day, forge new networks and widen the skills base, celebrate their Rakaipaakatanga, make a bit of money for Christmas with sales stalls, and show off talents (including NZ Idol finalists Rongo Brightwell and Luke Whaanga). The opportunity was there to take part in the Rakaipaaka Health & Ancestry Study uncovering genes that cause disease, and to carry out genetic inheritance (or whakapapa) studies of very large, extended families. Smokers found the Auahi Kore (Quit Smoking) presentation really helpful, especially for those trying to 'kick the habit'.

Children and young people staying locally can get involved in TIORI extracurricular activities and school holiday programmes offering outlets for their talent. They make crafts with natural materials, cook, do environmental projects such

> \$2,000 \$2,500 \$7.000 \$1,500 \$1,000 \$1,147 \$1,500 \$1,000 \$3,000 \$3,000 \$2,500 \$3,000 \$2,000 \$2,500

as native tree propagation and native tree planting on the local Marae, preservation projects of the awa (river), village beautification projects, river and stream monitoring, hip hop dance and karaoke style singing.

Contact: Johnina Symes (06) 837 8608 rakaipaaka@xtra.co.nz



Hirora and her girls Hinewai and Erena with their kete.

| Catholic Diocese Of Hamilton                        | \$ |
|---|----|
| CHB Support & Counselling Services                  | Ŝ  |
| Clothing Exchange                                   | \$ |
| Colville Community Health Trust                     | \$ |
| Coromandel Community Organic Gardens                | \$ |
| Crosslight Trust                                    | \$ |
| Earth Gardens                                       | \$ |
| Eastern Bay of Plenty Consumer Advisory Group Trust | \$ |
| Eastern Hastings Community Youth Worker Ass Inc     | \$ |
| Faith Family Fellowship Te Whanau Whakapono         | \$ |
| Family and Caregiver Support                        | \$ |
| Family Help Centre Inc                              | \$ |
| Finlay Park Adventure Camp                          | \$ |
| Grief Support Services Inc                          | \$ |
|   |    |

| \$2,000 | Hamilton Ethnic Womens Ce   |
|---------|-----------------------------|
| \$2,000 | Hamilton Men's Circle Trust |
| \$2,000 | Hauraki Health Link Inc     |
| \$8,000 | Hauraki Kids Society Inc    |
| \$2,000 | Hawkes Bay Anglican Youth   |
| \$3,000 | Hawkes Bay Deaf Club        |
| \$2,000 | Heretaunga Caring Kiwi Trus |
| \$2,500 | Heretaunga Women's Centre   |
| \$3,000 | Kainga Aroha Society Inc    |
| \$5,000 | Katikati Community Resource |
| \$3,000 | Lake Taupo Christian Camp   |
| \$3,000 | Leg-Up Trust                |
| \$3,000 | Life and Hope Trust         |
| \$2,500 | Link House Agency           |
|         |                             |

| Hamilton Ethnic Womens Centre<br>Hamilton Men's Circle Trust<br>Hauraki Health Link Inc<br>Hauraki Kids Society Inc<br>Hawkes Bay Anglican Youth Ministries<br>Hawkes Bay Deaf Club<br>Heretaunga Caring Kiwi Trust Inc<br>Heretaunga Women's Centre Inc<br>Kainga Aroha Society Inc<br>Katikati Community Resource Centre<br>Lake Taupo Christian Camp |
|---|
| ,   |
| Leg-Up Trust  |
| Life and Hope Trust<br>Link House Agency  |
| Link House Ageney   |

| M.I.L.E. Community Trust Inc                      | \$2,000 |
|---|---------|
| Mangakino Community Agency Inc                    | \$2,500 |
| Maraenui Project Trust                            | \$1,500 |
| Matamata Community Resource Trust (Rail Side)     | \$2,500 |
| McKenzie Centre Trust                             | \$5,000 |
| ME/CFS Support Group (BoP) Inc                    | \$2,000 |
| Mokoia Community Association                      | \$4,500 |
| Morrinsville Community House Inc                  | \$2,500 |
| Napier Community Foodbank Trust                   | \$2,500 |
| Napier Family Centre Inc                          | \$2,500 |
| New Progress Enterprises Charitable Trust         | \$2,000 |
| Ngaruawahia Community Care & Crisis Support Trust | \$3,000 |
| Ngaruawahia Community House Inc                   | \$1,050 |
| North King Country Family Support Programme       | \$3,000 |
|   |         |

### **Continuing commitment**

### **Pomare Community Health & Social Services**

Pomare in northern Lower Hutt is on the margins of the city and in some ways of society. It has had a Community House since the mid-1980s, providing a centre for outreach and community services through on-going rebuilding, extensions and renovation.

Pomare Union Health became tenants a few years after the house was set up, using it as a base for providing health services to low-income people. They formed a nucleus from which grew social services and later education and outreach. Now sixteen services operate from the Community House, including cervical screening, smoking cessation, and the Kutu Klinic and Eradication Education; computer learner classes and driver education, school holiday programmes and a homework centre; advocacy, court aides, family support, community food, budgeting, housing and accommodation and paralegal advice.

As well as these, organizations such as WINZ, the Community Law Centre, the Maori Land Court and two Primary Health Organisations provide regular outreach services at the House.

> \$2,500 \$2,000 \$3,500 \$1,185 \$2,500 \$2,500 \$3,000 \$2,500 \$2,000 \$2,500 \$2,500

\$2,000

All staff and volunteers are local residents who understand their community and can relate to the anxieties and difficulties their clients experience. They take a collaborative approach to community services, as for example when the local meningococcal B immunization campaign was running – volunteers, administrative support and a venue for the immunization all operated from the familiar venue for those who responded.

Currently, Pomare Community House is working to develop a one-stop shop for the local community and collaborating with the Pomare/Taita Action Group. The J R McKenzie Trust funding helps support the core administration, providing that anchor of stability which so many changing and transient communities need.

**Contact: Georgina Barrett** (04) 939 8345 pomarecommunityhouse@paradise.net.nz





| Omokoroa Community Support Trust           |
|--|
| Otorohanga Counselling Services            |
| Paeroa Community Support Trust             |
| Parentline Inc                             |
| Parents Equipped                           |
| Paul Hunter Centre Inc                     |
| People Relying On People                   |
| Piopio Aria Mokau Co-Operating Parish      |
| Pleroma Trust                              |
| Presbyterian Support Services (East Coast) |
| Promoting Mental Wellness                  |
| Purena Koa Rehua Youth Services            |
| Raglan Community House Soc Inc             |
| Raglan Maori Wardens Charitable Trust      |

| Rosetown Community Ministries Trust                 | \$2,500 |
|---|---------|
| Rostrevor House Inc                                 | \$2,500 |
| South East Kirikiriroa Community Asc Inc (Waimarie) | \$2,500 |
| St Andrew's Youth Trust                             | \$3,500 |
| St Chads Communication Centre Trust                 | \$1,050 |
| Stepping Out Hauraki Inc                            | \$2,000 |
| Sunshine Service Inc                                | \$3,500 |
| Taiohi Toa Trust                                    | \$2,500 |
| Tairawhiti Beneficiary Advocacy Trust Inc           | \$2,000 |
| Tairawhiti Community Law Centre                     | \$2,000 |
| Tairua Care & Friendship Club                       | \$2,100 |
| Takapau Community Health Charitable Trust           | \$3,000 |
| Taumarunui Counselling Services Inc                 | \$3,000 |
| Taumarunui Women's Health Clinic Trust Inc          | \$3,000 |
|   |         |

| Taupo Sexual Assault Counselling Service          | \$2,500 |
|---|---------|
| Tauranga Help                                     | \$2,500 |
| Te Ahi Kaa Training & Social Services Centre      | \$2,000 |
| Te Aroha Springs Community Trust                  | \$2,500 |
| Te Awamutu Women's Centre Inc                     | \$3,744 |
| Te Hunga Manaaki O Te Puke                        | \$2,500 |
| Te Iwi o Rakaipaaka Inc                           | \$2,500 |
| Te Kauwhata And Districts Information And Support | \$1,000 |
| Te Kuiti Community House Trust                    | \$3,000 |
| Te Kuiti Youth Centre Inc                         | \$1,000 |
| Te Puke Community Care Trust                      | \$3,000 |
| Te Tuinga Whanau Family Support Services Trust    | \$3,000 |
| Te Whakaritorito Trust                            | \$2,500 |
| Te Whare Iwi Inc – Whangamata Resource Centre     | \$3,000 |

### **Treasuring older people and carers**

### **TOA Pacific**

Caring for the carers as well as those they look after is central to the work of TOA Pacific in South Auckland. TOA aims to 'value and treasure our Pacific older people, Aiga carers and their families' with the emphasis on independence, participation and recognizing their contribution to the wider Pacific community.

An extensive network of formal and informal services underpins all they do. Passing on knowledge, skill, wisdom, values, language, heritage, custom and tradition between the generations happens in a myriad of different ways. Their creativity led to an award for being an Innovative Provider during International Adult Learners Week He Tangata Matauranga.

Health and well-being is a core theme. They run Asiasiga (home visiting) for those who cannot leave their houses. Time Out (day care for Pacific people with Alzheimers or stroke disability, or just lonely and needing company) is another major part of TOA's programme. The opportunity for older Pacific people to go out, talk to others in their own language,

> \$2,000 \$1,000 \$2,500 \$2,500 \$1,000 \$1,000 \$2,500 \$2,000 \$2,000 \$2,000 \$2,000 \$3,500 \$1,300

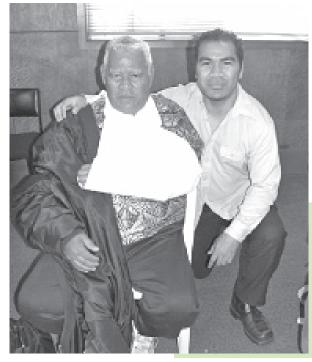
join in an activity, enjoy organized outings, get information they may need and give their carers a break promotes richer and happier lives for everyone involved.

Then there is POPAN, a network of 67 older Pacific people's community groups, using Positive Ageing and linkage initiatives to promote prolonged independence, enhance health and fitness and enrich daily living.

Empower to Pamper (ETP) is designed to prevent the possibility of neglect and abuse of older Pacific people, encouraging them to assert their rights and live in a safe environment. The Maama Project focuses on information and education about care and services, and offers training for those setting up older people's services.

TOA says the assistance from the McKenzie Trust has helped them develop in leaps and bounds, and work towards their vision that both carers and cared for are treasured and valued by their Pacific community and society.

**Contact: Malia Hamani** (09) 256 9560 maliah@toapacific.org.nz



Asalele Afoa (right) demonstrates his first aid skills on Sauvao loeli.

| Thames Youth Centre Inc                     |
|---|
| The Oasis – Elim Church Trust               |
| Tirohia te Kopere Trust                     |
| Tokoroa Senior Citizens And Welfare Centre  |
| True Colours Charitable Trust               |
| Tu Mai Development Trust                    |
| Turanga Whanau Trust                        |
| Volunteering Waikato                        |
| Waiapu Anglican Social Services Trust Board |
| Waihi Community Resource Centre             |
| Waikato Ethnic Council Inc                  |
| Waikato Family Centre Trust                 |
| Waiohiki Community Charitable Trust         |
| Waipa Youth and Whanau Inc                  |
|   |

| Wairoa Disability Transport Service Inc           | \$3,000 |
|---|---------|
| Wairoa Youth Services Trust                       | \$3,000 |
| Whakatane Baptist Community Charitable Trust      | \$3,000 |
| Whitianga Community Services Trust                | \$2,000 |
| Youth Projects Trust                              | \$2,000 |
| <b>9940 – Wellington</b> (Taranaki to Wellington) |         |
| Abbat Trust                                       | \$2,500 |
| ACROSS Te Kotahitanga O Te Wairua                 | \$2,500 |
| Agape Budgeting Service Ltd                       | \$2,500 |
| Allergy & ADD Awareness Assn                      | \$500   |
| Amesbury Christian Counselling Service            | \$3,000 |
| Art Compass                                       | \$5,000 |
| Autistic Education Charitable Trust               | \$3,000 |

| Awhina Wahine Wgtn Inc                      | \$3,500 |
|---|---------|
| Camellia House Trust                        | \$3,000 |
| Central Region Advocacy Service             | \$2,000 |
| Central Taranaki Employment Trust           | \$2,000 |
| Challenge 2000                              | \$2,500 |
| Chelsea and Marsden Day Care Trusts         | \$2,500 |
| Christian Social Services Wanganui          | \$1,360 |
| Consultancy Advocacy and Research Trust Inc | \$5,000 |
| Counselling & Education Centre (Marton) Inc | \$7,500 |
| Cross Roads Christian Community Trust       | \$1,696 |
| Dannevirke Family Services Inc              | \$1,770 |
| Downtown Community Ministry                 | \$5,000 |
| Dress for Success Wellington Inc            | \$1,500 |
| Education Taranaki Inc                      | \$3,000 |
|   |         |



# A safe place to grow stronger

#### **Caroline House**

As well as a being centre for community- and home-based support for those with alcohol and drug-dependency problems, Caroline House in Timaru is the only residential facility for people with such needs in the region between Christchurch and Dunedin.

Catering for women and men aged 20 and over, the House was refurbished in 2003 and offers comfortable living and recreational facilities for up to four people with moderate to severe chemical dependency.

Clinical assessment and on-going treatment is provided by the Timaru Alcohol and Other Drug Service. Caroline House operates as a complementary service, with residential care, day support and planned social detoxification provided either within the person's own home or at the House.

'Maintaining the change through strengths' is the theme for the person and their family/whanau which is also reflected in the Education Programme. Each person has a strengths assessment on arrival and then an individual plan towards goals they decide.

Different cultural perspectives are valued and the House seeks consultation, advice and input from the local Runaka and Maori clinical services when appropriate.

Comments from those using the House include: 'I found myself again'; 'I found a safe place plus independence'; 'it was a safe place to have time out'; 'it gave me a routine and helped put things in perspective'. 'It was time to think with the right people around,' wrote one in the education evaluation. 'I'm looking forward to taking control of my life regarding decisions I'll have to make,' said another. And David expressed it in a poem (right).

**Contact: Diane Welsh** (03) 684 6284 caroline.house@xtra.co.nz

"Welcome to this place A place of harmony Built upon foundations of truth Where angels walk by day And guide you by your own hand. Rivers will meet in torrents Darkness descends – but fear not For the sun shall always rise in the east. Follow the footsteps along worn paths By which angels stand And feel warmth in your soul As life begins again."

13

| Feilding and Districts Youth Board Inc     |
|--|
| Focus Trust (trading as Workmates)         |
| Folau Alofa Charitable Trust Inc           |
| Founders Care Trust                        |
| Friends Who Care Incorporated              |
| Genesis Trust                              |
| Heart to Heart Parenting Trust             |
| Highbury Social Services Inc               |
| Huntington's Disease Assn (Wellington) Inc |
| Hutt Valley Youth Health Trust             |
| Kapiti Family Centre Inc                   |
| Kapiti Women's Health Collective Inc       |
| King Street Artworks                       |
| Levin Christian Care Trust                 |

\$3,000

\$3,000

\$3,000

\$2,000

\$3,500

\$2,000

\$1,200

\$3,000

\$4,000

\$2,000

\$2,000

\$2,500

\$3,000 \$2,000

|   | Like Minds Taranaki                         | \$2,000 |
|---|---|---------|
|   | Lower Hutt Women's Centre Inc               | \$2,500 |
|   | Manawatu Pregnancy Centre Trust             | \$3,000 |
|   | Manawatu Rural Support Service              | \$1,500 |
|   | Manchester House Social Service Inc         | \$5,000 |
|   | MASH (Modern Approach To Social Health) Inc | \$2,000 |
|   | Mature Employment Support Agency Manawatu   | \$3,000 |
|   | Methodist Social Service Centre             | \$5,000 |
|   | MIST – Mental IIIness Survivors Team Inc    | \$2,093 |
|   | New Plymouth Womens Centre Inc              | \$2,500 |
|   | New Settler Service (Porirua) Inc           | \$3,500 |
|   | Ngati Kahungunu ki Poneke Community Service | \$3,000 |
|   | Otaki Women's Health Group Inc              | \$2,500 |
|   | PAC Resources                               | \$4,000 |
| - |   |         |

| Pacific Budgeting Family Services Trust        | \$5,000 |
|--|---------|
| Pomare Community Health & Social Services Inc  | \$3,500 |
| Post and Ante-Natal Distress Support Group Inc | \$2,190 |
| Presbyterian Support Services (Central)        | \$1,000 |
| Raetihi Senior Citizens Club                   | \$560   |
| Refugee Family Reunification Trust             | \$5,000 |
| Samaritans of Horowhenua                       | \$750   |
| Samaritans of Wellington                       | \$3,000 |
| Sexual Abuse Healing Centre Wanganui Inc       | \$3,000 |
| Shepherds' Rest                                | \$2,000 |
| Shiloh Retreat and Renewal Centre              | \$2,670 |
| Street Youth Ministries Trust                  | \$2,500 |
| Suzanne Aubert Compassion Centre               | \$4,000 |
| Take 5 & Te Whare Marama Inc                   | \$2,702 |
|  |         |

### **Innovative improvements**

#### **Health Care Aotearoa**

Developing and maintaining standards is a challenge for community services, and even more challenging for community health organisations working in a complex and demanding field. Health Care Aotearoa, now twelve years old, is a national network that includes iwi and marae hauora, Pasifika health, youth health services, union health and community health organisations.

HCA originally focussed on improving access to primary health care, but during the mid-1990s members decided to develop a quality improvement process so their practice would reflect their values. The result was Te Wana Quality Programme, linked to the accrediting body, the Quality Improvement Council of Australasia.

As part of the quality programme, HCA developed a system of external peer review. They felt this would help break down barriers to cooperation and collaboration between primary health providers in the contract environment. The Peer Review System was a finalist in the Health Innovations Awards 2005.

\$2,000

\$2,000

\$2.000

\$2,230

\$3,000

\$2,690

\$3,000

\$3,000

\$3,000

\$1.970

\$3,500

\$3,000 \$2,500

\$2,000

So far about 100 people have trained as peer reviewers, and up to 30 take the three-day course each year, including staff, managers, administrators, people in governance roles, volunteers and consumer representatives. Te Wana training is linked to Unitec's Not for Profit Management Diploma as an optional paper.

Nurse Siloma Masina said she found guiding and helping out fellow workers, and learning new things the most rewarding. For Gina Chaffey-Aupouri, a rural nurse, it was the opportunity to put the theoretical knowledge into action and gain wisdom from experienced people.

Sharing organizational wisdom was a great benefit, with learnings on both sides. PHO coordinator Lesley Kelly said she enjoyed being able to provide encouragement and support to the organisation being reviewed.

Now with more than 50 community health and social services enrolled in Te Wana, about 25 reviews are held annually, involving more than 70 reviewers a year. As well as providing support in the design stage, the JR McKenzie Trust funding is now helping develop a pool of review coordinators.

Contact: Jac Lynch (04) 570 0747 www.hca.org.nz



Jac Lynch (Te Wana Programme Co-director), Willie Hepi (Kaumatua – Te Wana review team), Ana Apatu (Te Wana review team member), and Rowena Gotty (Te Wana Programme Co-Director) at Kokiri Marae Keriana Olsen Trust accreditation review 2005.

| Towns all Auto Community Townsh (TACT) |
|--|
| Taranaki Arts Community Trust (TACT)   |
| Taranaki SAFER Centre                  |
| Taranaki Young Peoples Trust           |
| Tautoko Services                       |
| Te Aroha Noa Community Services Trust  |
| Te Toka O Maru O Taranaki Trust        |
| Teach Me Trust                         |
| The House of Grace Trust Inc           |
| Trentham Youth Worker Trust            |
| Upper Hutt City Council                |
| Valley Transitionz Inc                 |
| Vincent's Art Workshop Inc             |
| Wai Ora Christian Community Trust      |
| Wainuiomata Community Centre           |
|  |

| Wairarapa Community Counselling Centre Inc     | \$5,000 |
|--|---------|
| Wairarapa Stars Trust                          | \$2,000 |
| Wairarapa Women's Centre                       | \$4,000 |
| Wellington City Mission (Anglican) Trust Board | \$4,000 |
| Wellington Early Intervention Trust            | \$3,000 |
| Wellington Gay Welfare Group Inc               | \$2,500 |
| Wellington Hospital Ladies Auxiliary           | \$1,500 |
| Wellington Independent Rape Crisis Inc         | \$2,500 |
| Wellington Night Shelter Trust                 | \$2,000 |
| Wellington Sexual Abuse Help Foundation        | \$2,000 |
| Wellington Women's Health Collective           | \$2,000 |
| Wesley Community Action                        | \$1,000 |
| Whanganui Peoples Centre                       | \$2,000 |
| Whanganui Volunteer Centre                     | \$2,50  |

| Women's Network (Wanganui) Inc<br>Youth Services Trust Wanganui | \$1,620<br>\$5,000 |
|---|--------------------|
| 9970 – Christchurch (Nelson to Canterbury)                      |                    |
| Addington Net Inc   | \$2,500            |
| Agape Trust   | \$3,054            |
| Ambrosia Empowerment Trust                                      | \$2,000            |
| Autlink Foundation Inc  | \$2,500            |
| Belfast Community Network Inc                                   | \$2,500            |
| Beneficiaries & Unwaged Workers Trust BUWT                      | \$2,000            |
| Big Brothers Big Sisters Westland                               | \$3,000            |
| Body Positive Canterbury Inc                                    | \$2,500            |
| Born in our Hearts Charity & Advocacy                           | \$1,000            |
| Bread Of Life Trust   | \$2,500            |
|   |                    |

# The strain of strangeness

### **Bo Ai She**

Huge change faces Asian immigrants to New Zealand, no matter how pleased they are to have become a resident here. But such cultural change combined with isolation, language difficulties and often having to build new relationships from scratch places a tremendous strain on their emotional resilience.

Providing mutual support for those whose mental health has suffered under these stresses is Bo Ai She, now in its third year of operation in Auckland.

All those involved have different experiences but common concerns.

Fen has been here since the 1970s but family tragedy and discrimination led to serious depression. She found there was no Mandarin or Cantonese-speaking psychiatrist in her new home town and eventually the family moved to Auckland to be closer to treatment. 'You can imagine how difficult it is for a mentally ill person living in a foreign country,' she says. 'I am doing voluntary work for Bo Ai She and the local library and I feel now I'm a useful person.'

David emigrated when he was at the peak of his career in China but found himself working in a restaurant here. He became very withdrawn; 'the suffering from the mental illness and the coming poverty dropped me into the bottom of life.' He says the combination of the support group and the medical and community services have helped him take fulltime employment. 'All the members of Bo Ai She are in the same boat so we do not worry about discriminations; we can exchange our feelings and emotions there freely."

As well as running these Asian language self-help groups, Bo Ai She is moving into projects maintaining physical health and developing 'wellness recovery action plans'. Their committee works closely with Chinese Mental Health Consultant services and mental health community services such as Te Korowai Aroha. They also liaise with other agencies such as the Problem Gambling Foundation.

#### **Contact: Sue Wong** (09) 377 8277



Food and fellowship at this year's Moon Festival.

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|---|---|--|
| 1 | 5 |  |

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| Child Helpline Trust                             | \$2,500 |
|--|---------|
| Christchurch Peoples Resource Centre/Beneficiary |         |
| Advisory Service                                 | \$2,500 |
| Delta Community Support Trust                    | \$2,500 |
| Dress for Success                                | \$2,500 |
| Familial Trust                                   | \$3,000 |
| Father and Child Trust                           | \$3,000 |
| Ka Wahine Ki Otautahi Trust                      | \$800   |
| LifeStart Society Inc                            | \$2,870 |
| Male Survivors of Sexual Abuse Trust             | \$2,000 |
| Mothers Supporting Mothers                       | \$2,500 |
| Motueka Women's Support Link Inc                 | \$2,000 |
| Nelson Bays Homebuilders Inc                     | \$2,500 |
| Nelson Womens Support Inc                        | \$2,000 |

| New Brighton Community Social Support Trust  | \$2,500 |
|--|---------|
| New Harvest Trust                            | \$2,500 |
| Northgate Community Services Trust           | \$2,500 |
| Our Youth Our Community Charitable Trust Inc | \$2,000 |
| Oxford Community Trust                       | \$2,500 |
| Pain Action in New Zealand Inc               | \$2,000 |
| Post Natal Depression Support Network Nelson | \$2,000 |
| Potikohua Charitable Trust                   | \$2,500 |
| Refugee Resettlement Support                 | \$2,500 |
| Rowley Resource Centre                       | \$2,500 |
| Seabrook McKenzie Trust                      | \$5,560 |
| Sexual Abuse Survivors Trust                 | \$2,500 |
| Shoreline Youth Trust                        | \$2,500 |
| Solo Women As Parents Inc                    | \$2,500 |
|  |         |

| Special Needs Library                               | \$1,65  |
|---|---------|
| St John of God Waipuna Community Trust              | \$2,70  |
| START Inc   | \$2,50  |
| The Caroline Reid Charitable Foundation             | \$2,00  |
| Tranx Inc   | \$2,00  |
| Vision Employment Support Services Charitable Trust | \$5,000 |
| Volunteering Canterbury                             | \$3,50  |
| Waltham Youth Trust                                 | \$2,00  |
| West Coast Recovery Drop In Centre Trust            | \$3,00  |
| Women's Centre Inc                                  | \$4,000 |
| Women's Health Information Centre (THAW)            | \$50    |
| Work Peninsula Charitable Trust                     | \$2,50  |
| Your Studio Trust                                   | \$2,50  |
| Youth Alive Trust                                   | \$2,50  |
|   |         |

### Support at a testing time

### Ka Wahine ki Otautahi

Ka Wahine ki Otautahi offers a clearly-defined service to a specific group – women released from prison or referred by the Probation Service. Fifteen years after its founding, Ka Wahine operates from a 24-hour residential 'safe home', offering personal and practical support and resources and an alcohol and drug-free environment.

Ka Wahine supports residents as they reintegrate into society after a time of imprisonment. This includes finding employment, not re-offending, moving into their own homes in the community, improving their health and reconnecting with children. Practical assistance includes help with literacy and driving licences, transport, budgeting, fitness, employment support.

A resident whose long-term goal is working in social services led to her recent graduation from a training course in computer, reception and office skills. She is now working part-time while doing a bridging English course, so she can go to Christchurch Polytech in 2006. She returns frequently to visit and provides a successful role model for new residents.

A new initiative through the Ministry of Social Development will enable Ka Wahine to assist clients into employment, including small business ventures. For example, one resident has started selling home made fudge at local fairs.

A key to the success of the work at Ka Wahine is providing a caring, alcohol and drug- free environment with 24 hour staff support.

**Contact**: **Sue Booth** (0)3 389 1029 kawahine@snap.net.nz



#### 9980 – Dunedin (South Canterbury to Southland)

| Carers Society Otago Inc                    | \$2,500 |
|---|---------|
| Caroline House Inc Society                  | \$1,800 |
| Centrecare Counselling Waimate Inc          | \$2,000 |
| Cleveland Living Art Centre                 | \$1,000 |
| Connections Education and Development Trust | \$5,000 |
| Dunedin Community Transport Trust           | \$6,000 |
| Dunedin Community Volunteer Centre Trust    | \$2,000 |
| Dunedin Methodist Mission                   | \$2,000 |
| Dunedin Youth Expo Organising Committee     | \$3,248 |
| Hauora Social Services Charitable Trust     | \$2,000 |
| Machaceh Trust                              | \$2,000 |
| ME Information & Support Service (MEISS)    | \$2,000 |

| Naphtali Activity Centre                     | \$3,000 |
|--|---------|
| Nga Kete Matauranga Pounamu Charitable Trust | \$1,500 |
| Northern Southland Community Resource Centre | \$2,500 |
| Oamaru Combined Churches Health Support      | \$750   |
| Otago Youth Wellness Trust                   | \$3,000 |
| Queenstown Lakes Family Centre               | \$2,000 |
| Roslyn Baptist Ministry Charitable Trust     | \$1,500 |
| Saddle Hill Foundation Trust                 | \$4,000 |
| South Canterbury Violence Intervention       | \$2,000 |
| South Centre Community House                 | \$2,000 |
| South Otago Youth Trust                      | \$2,500 |
| South Sound Missionary Trust                 | \$2,500 |
|  |         |

| Southland Community House Charitable Trust | \$5,000 |
|--|---------|
| Te Hou Ora Otepoti Inc                     | \$3,000 |
| The Compassionate Friends Southland        | \$600   |
| The Counselling Centre                     | \$3,500 |
| Tokomairiro Community Youth Worker Trust   | \$5,000 |
| Tu Kaha Whanau Trust                       | \$2,500 |
| Waimate Community Vehicle Trust            | \$2,000 |
| Waimate Health Developments Inc            | \$2,500 |

# **Financial report for the year ending 31 March 2005**

#### Where the grants went

\$12,144 \$2,000

\$15,000

\$16,000

\$20,000

\$15,000

\$40,000

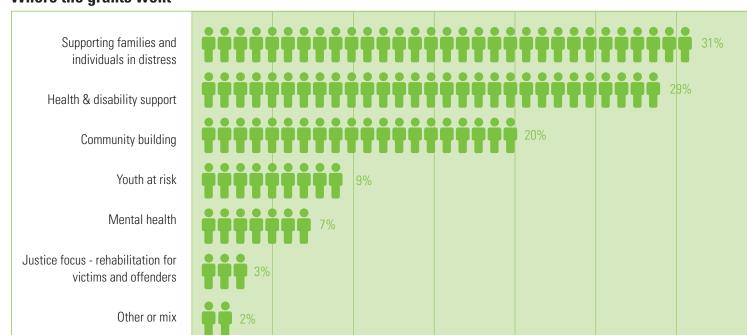
\$3,000

\$15,021

Grants made this year totalled \$2.94 million. 775 groups applied for grants, one in 5 of these for the first time. 574 groups (74%) were successful.

Grants to regional organisations averaged \$2,700, and those to national organisations \$13,700.

The Trust made grants to organisations assisting a wide range of people.



#### **INNOVATIVE FUND**

| Development Resource Centre       |
|-----------------------------------|
| J R McKenzie Youth Education Fund |
| Leadership New Zealand Trust      |
| Miriam Centre                     |
| New Zealand CCS                   |
| Panacea Arts Charitable Trust     |
| Peace Foundation (committed)      |
| Philanthropy New Zealand          |
| Porirua East Network              |

| Presbyterian Support Otago                        | \$10,000 |
|---|----------|
| Project HIEDI                                     | \$18,000 |
| Stroke Foundation of New Zealand                  | \$32,000 |
| Te Runaka O Awarua                                | \$40,000 |
| The SmoothStream Project                          | \$10,000 |
| The Social Service Waikato Trust                  | \$12,000 |
| The Youth Mentoring Trust                         | \$13,000 |
| Waikato Anglican Social Services- Anglican Action | \$10,000 |
| Wellington Council of Social Services             | \$5,000  |
| Wellington Institute of Technology                | \$3,200  |

### **BUILDING PACIFIC ORGANISATIONS**

17

| ( | IN | con | Junc | tion v | /ith th | e linc | lall | Found | lation |
|---|----|-----|------|--------|---------|--------|------|-------|--------|
|---|----|-----|------|--------|---------|--------|------|-------|--------|

| Christchurch Sweet Colours Trust \$4.3              | 210 |
|---|-----|
|   |     |
| Christchurch Tongan Community Association \$10,     | 000 |
| Cook Islands Uapou Fellowship Inc (committed) \$10, | 000 |
| Folau Alofa Charitable Trust Inc \$7,               | 695 |
| Invercargill Branch of PACIFICA \$3,                | 000 |
| Otago Pacific People's Health Trust \$6,            | 000 |
| Pacific Budgeting Family Services Trust \$4,        | 500 |
| Pacific Island Evaluation Inc \$8,                  | 000 |
| PACIFICA Inc \$5,                                   | 000 |

# **Financial report for the year ending 31 March 2005**

Three quarters of grants assisted with core operating costs, including salaries, rent, volunteer costs etc. Organisations working specifically for and with Maori received 4.4% of the amount, Pacific Island groups 4.7%, and 3.5% went to groups working specifically with other ethnic communities including refugees.

Grants were made to national and regional organisations, as well as to projects supported for their innovative focus.

#### Grants "baskets"



Expenditure on administration and salaries for the year totalled \$185,000, and a further \$39,000 was spent on programme development.

The balance sheet shows total Trust funds of just under \$12 million. The market value of these funds was almost \$60 million.

A full set of audited accounts is available from the office.

| St John of God Waipuna Community Trust<br>Tafaoata Trust Manurewa |  |
|---|--|
| TOA (Treasured Older Peoples) Pacific Inc                         |  |
| Unitec New Zealand  |  |
| Unitec New Zealand (committed)                                    |  |
| VaevaeManava Tongan Community Trust                               |  |

#### **CHAIR'S FUND**

\$5,400

\$1,920 \$2,000

\$2.025

\$30,000

\$8,000

| Accident Injury Support Group (HB) Inc                | \$2,000 |
|---|---------|
| Cholmondeley Children's Home Inc                      | \$500   |
| Colville Community Health Trust                       | \$2,500 |
| Doubtless Bay Cancer Support Group                    | \$500   |
| Hauora Social Services Charitable Trust               | \$3,000 |
| Health Promotion Forum of New Zealand                 | \$2,000 |
| Nelson Bays Youth Workers Collective                  | \$2,500 |
| New Zealand Association for the Study of Intellectual |         |
| Disability Inc  | \$2,500 |
| Pax Christi Trust                                     | \$2,000 |
|   |         |

| Schizophrenia Fellowship (NZ) Inc           | \$3,000 |
|---|---------|
| Seabrook McKenzie Trust                     | \$1,000 |
| Te Roopu Whakapiringa Inc                   | \$3,000 |
| Waiheke Budgeting Service                   | \$3,000 |
| Waiotahi Trust                              | \$2,000 |
| Wellsford/Warkworth Women's Resource Centre | \$2,500 |
| Whau Valley Whaiora Support Trust           | \$2,650 |
|   |         |

Total (564 grants)

\$2,944,152

# Where does the money come from?

#### **Rangatira Limited**

This investment company was founded by Sir John McKenzie in 1937. Rangatira's initial investment was a majority interest in J R McKenzie Limited, a New Zealand-wide chain of department stores. Over the years, Sir John and other family members have gifted shares in Rangatira to the J R McKenzie Youth Education Fund, the J R McKenzie Trust and other charities; today charitable bodies hold over 60% of the issued share capital.

Rangatira has a policy of investing in a range of listed companies, as well as unlisted New Zealand companies with growth potential. Today Rangatira is in a strong financial position, with shareholders' funds of \$103 million, minimal indebtedness and substantial liquid funds available for investment.

Rangatira's directors are prominent in the business world. The Chair is Murray Gough.

In 2004-05 the Trust received \$3.1 million from Rangatira Limited.

**Contact: CEO Ian Frame** (04) 472 0251 www.rangatira.co.nz

### **Jayar Charitable Trust**

The Jayar Charitable Trust arose from the winding up of the Perpetual Trustees Estate and Agency Company of New Zealand, an investment body. The company's remaining assets were invested in a charitable trust which was given the name Jayar after a racehorse from the McKenzie family's Roydon Lodge stud.

Jayar has assets totalling \$7 million. Its Chairperson is Peter McKenzie.

The Trust has very similar goals to those of the J R McKenzie Trust, to which it makes donations; these are passed on to community organisations through the McKenzie Trust distribution process. (This does not require a separate application.)

The Jayar Trust is also able to receive donations and bequests.

**Contact: lain Hines** (04) 472 8876 iain@jrmckenzie.org.nz



### Ella Carter – J R's sister

J R McKenzie's sister Ella was involved right at the start of the McKenzies business empire. When John opened his first store in Melbourne in 1905, 16 year-old Ella was working with him. A year later she managed the second shop, and each evening they compared notes to see who had done better that day. Ella was often the winner.

Ella was known as being determined, hard working and entertaining. She also made some very generous donations, such as £50,000 to a rest home. Iti noa ana, he pito mata – With care, a small kumara will produce a harvest.